



**ACADEMY
DUBAI**



**Fútbol
Base
Internacional**



ATHLETIC AND PERSONAL GROWTH

We believe true success in sports comes from a holistic approach that covers every aspect of an athlete's development. Our commitment is to nurture not just the body, but also the mind and character, ensuring our athletes are fully prepared to face challenges on and off the field. Our methodology includes everything from physical preparation to nutrition, leadership, and mental well-being, creating well-rounded athletes.

- 1 **Physical Development:** We offer specialized training in strength, speed, agility, and endurance, designed to maximize our athletes' physical performance.
- 2 **Technical and Tactical Development:** We help players refine their individual skills, like ball control and passing, while developing tactical understanding for effective decision-making on the field.
- 3 **Leadership Skills:** We emphasize leadership development through decision-making, communication, and team management, both on and off the field.
- 4 **Mental Training:** We build resilience and focus through sports psychology techniques, such as visualization and stress management.
- 5 **Emotional and Social Growth:** Athletes develop emotional intelligence and teamwork through coaching and group dynamics, shaping balanced and responsible individuals.
- 6 **Sports Nutrition:** Customized meal plans designed to maximize energy and recovery, tailored to each athlete's needs.
- 7 **Sports Medicine:** We offer specialized medical care, injury prevention programs, and access to physiotherapy and specialists to keep athletes in top condition.

FUTURE-READY LEARNING FOR TOMORROW'S CHAMPIONS

ACADEMIC EXCELLENCE

TPT International School offers globally recognized programs (IB and A-Levels), providing a flexible and rigorous academic pathway that prepares students for top universities worldwide.

100% ONLINE LEARNING

Students follow a personalized online curriculum, allowing them to balance their training and studies seamlessly.

FLEXIBLE SCHEDULES

Academic timetables are adapted to fit each athlete's training and competition calendar.

PERSONALIZED SUPPORT

Dedicated online tutors and academic advisors guide students every step of the way.

LANGUAGE

English is the primary language of instruction, with additional support for international students.





Our apartments in Dubai offer athletes a unique blend of independence, comfort, and security. Each athlete enjoys a private or shared room, access to fully equipped kitchens, high-speed Wi-Fi, and common areas for studying and socializing. The apartments are located near sports facilities and educational centers, allowing athletes to make the most of their stay in Dubai.

SERVICES

- Private Rooms: Athletes can choose between a private or shared room for greater comfort and flexibility.
- Fully Equipped Kitchen: All apartments include a fully equipped kitchen for meal preparation.
- High-Speed Wi-Fi: Reliable high-speed internet for studying and staying connected.
- Weekly Cleaning: Weekly cleaning service to keep the apartments in top condition.
- 24/7 Staff Support: Our staff provides support and assistance at all times to ensure a safe and worry-free stay.



DUBAI APARTMENTS





ACADEMY
DUBAI



*THE NEW HOME OF
ATHLETIC EXCELLENCE*



10-MONTH PROGRAM FOR ATHLETES AGED 16 TO 21

EDUCATION

- ü Enrollment in International School
- ü Weekly tutoring sessions with academic support

ACCOMMODATION

- ü Private or shared room with ensuite bathroom
- ü Full board and snacks at the apartment
- ü Weekly room cleaning service
- ü Laundry service
- ü Welcome pack
- ü Monthly cultural activities
- ü Round-trip airport transfer

SPORTS

- ü 2 to 3 club training sessions per week
- ü 5 B1 training sessions per week
- ü Weekly club competition

ü 2 gym sessions per week

- ü One-on-one positional training every 15 days
- ü Biweekly personalized progress tracking
- ü Biweekly video analysis session
- ü Biweekly physiotherapy session
- ü Biweekly sports psychology session
- ü Monthly nutritional monitoring
- ü Monthly masterclass
- ü Transportation to B1 events and tournaments
- ü Complete training kit
- ü Medical and physical test upon arrival
- ü Monthly sports report

OTHER SERVICES

- ü Visa assistance
- ü Comprehensive medical insurance



3-MONTHS PROGRAM FOR ATHLETES AGED 16 TO 21

ACCOMMODATION

- ü Private or shared room with ensuite bathroom
- ü Full board and snacks at the residence
- ü Weekly room cleaning service
- ü Laundry service
- ü Welcome pack
- ü Monthly cultural activities
- ü Round-trip airport transfer

SPORTS

- ü 2 to 3 club training sessions per week
- ü 5 B1 training sessions per week

- ü One-on-one positional biweekly training session
- ü Biweekly personalized progress tracking
- ü Biweekly video analysis session
- ü Biweekly physiotherapy session
- ü Monthly nutritional monitoring
- ü Monthly masterclass
- ü Basic training kit
- ü Monthly sports report

OTHER SERVICES

- ü Comprehensive medical insurance



B1 TRIAL

1-WEEK PROGRAM FOR ATHLETES AGED 16 TO 21

ACCOMMODATION

- ü Private or shared room with ensuite bathroom
- ü Full board and snacks at the residence
- ü Laundry service
- ü Welcome pack

SPORTS

- ü 2 to 3 club training sessions per week

- ü 5 B1 training sessions per week

- ü Bi-weekly personalized progress tracking
- ü Basic training kit
- ü Final sports report

OTHER SERVICES

- ü Comprehensive medical insurance

CUSTOM

PERSONALIZED PROGRAM FOR ATHLETES AGED 10 TO 21. BUILD YOUR OWN PROGRAM WITH US TO DEVELOP YOUR ATHLETIC CAREER



SPORTS PROGRAMS

Paseo de la Castellana 91, 4º-1
28046, Madrid

INFO@FUTBOLBASEINTERNACIONAL.COM
FUTBOLBASEINTERNACIONAL.COM
+34 646 13 29 44